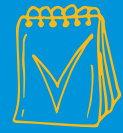


# HOME CARE COURSE



## Modules



- General Cleaning Tips
- Sorting Clothes for Washing
- Handling of Stains on Clothes
- Hand Washing vs. Machine Washing
- Packing of Clothes in Cupboard
- Making Beds
- Cleaning Floors (Washing, Sweeping, Vacuuming)
- Cleaning Bathrooms
- Cleaning Kitchens
- Washing Windows
- Ironing
- Dusting
- Working with Washing Machines, Tumble-Dryers and Dishwashing Machines
- Cleaning and Defrosting Fridges and Freezers
- Setting Up a Cleaning Roster and Planning for the Week/Month
- Managing a Shopping List
- HIV/AIDS Awareness
- Personal Hygiene
- Safety Around the House



Our **HOME CARE** (Household Management and Cleaning) Course is 100% practical, with a practical assessment at the end of the course.

Cost R2250.00\*

### INCLUDES:

Your nanny will receive:

- Home Care Certificate
- Training Manual
- Refreshments and a Hot



 An In-Home Care Course is available to clients at their homes for R3700.00

Transport will be provided to the studio in Irene, Centurion and back from Building 5, 1st Floor right, Prism Business Park, 1 Ruby Close, Fourways

## TRAINING DATES

Please see our website for our training calendar!

BOOK NOW!



**NANNIES IN TRAINING**

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