

# FIRST AID and CPR COURSE +

This course teaches a person how to help an injured adult, child and infant. It covers all the day to day injuries that a person looking after a baby or child would potentially deal with.

The course covers:

- CPR
- Choking
- Introduction to AED
- The Emergency Call
- Basic Child Safety
- Basic Child First Aid
- Medical Emergencies
- Injury and Environmental Emergencies



Accredited with:

- Resuscitation Council of South Africa
- American Heart Association.

Cost

R850.00

\*Payment required before training commences

## INCLUDES:

Your nanny will receive:

- First Aid Booklet and Wallet Card
- Certificate

EARN 2500  
Discovery  
**Vitality**  
POINTS ON  
COMPLETION  
OF THIS COURSE

## IN PREPARATION

Please ask the trainees to wear comfortable, loose clothing as they will be practicing physical skills which will require working on their hands and knees, bending, standing, and lifting. Should they have any physical conditions that might interfere with the performance of these activities, please ask them to tell the trainer when they arrive for the course so that we can do our best to accommodate them. Please also advise should they be allergic to latex.



## TRAINING DATES

Please see our website for our training calendar!



## NANNIES IN TRAINING

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