

FIRST AID and CPR COURSE +

This course teaches a person how to help an injured adult, child and infant. It covers all the day to day injuries that a person looking after a baby or child would potentially deal with.

The course covers:

- CPR
- Choking
- Introduction to AED
- The Emergency Call
- Basic Child Safety
- Basic Child First Aid
- Medical Emergencies
- Injury and Environmental Emergencies



Accredited with:

- Resuscitation Council of South Africa
- American Heart Association.

IN PREPARATION

Please ask the trainees to wear comfortable, loose clothing as they will be practicing physical skills which will require working on their hands and knees, bending, standing, and lifting. Should they have any physical conditions that might interfere with the performance of these activities, please ask them to tell the trainer when they arrive for the course so that we can do our best to accommodate them. Please also advise should they be allergic to latex.



Cost

R650.00

*Payment required before training commences

INCLUDES:

Your nanny will receive:

- First Aid Booklet and Wallet Card
- Certificate

EARN 2500
Discovery
Vitality
POINTS ON
COMPLETION
OF THIS COURSE



TRAINING DATES

Please see our website for our training calendar!

NANNIES IN TRAINING

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