

# DOMESTIC COOKING COURSE

By Nannies in Training

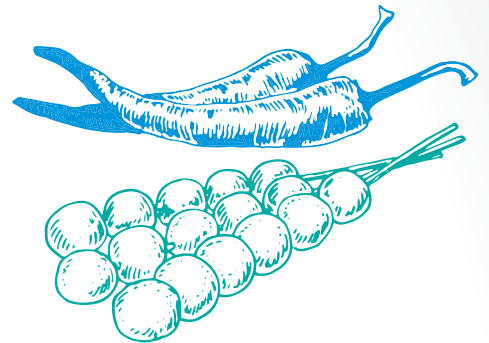
Menu One **OR** Two: **R2400.00**

Menus One & Two  
Discounted Rate: **R4200.00**

Our training is conducted in both English and Zulu. We start off with an introduction to cooking before starting on the menus.

## WHAT WE TEACH

- General Hygiene
- Measurements
- Definitions
- Improvising when Cooking
- Reading Recipes
- Setting the Table



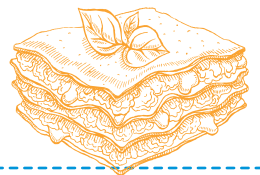
## Menu One

Chicken A La King served with Rice  
Macaroni & Cheese  
Rosa Tomato & Basil Hake Bake  
Red Thai Curry & Roasted Vegetables  
Pumpkin & Butternut Cottage Pie  
Beef Stew  
Nutty Banana Bread with Raisin Butter



## Menu Two

Beef Lasagne served with a Green Salad  
Roast Chicken & Roasted Vegetables  
Chicken A La King served with Rice  
Oven Baked Fish & Chips  
Pork Chops & Vegetable  
Spaghetti Bolonaise  
Choc Pots



## TRAINING DATES - 2017

MENU 1	20 & 27 January 2017
MENU 2	17 & 24 February 2017
MENU 1	24 & 31 March 2017
MENU 2	07 & 21 April 2017
MENU 1	19 & 26 May 2017
MENU 2	23 & 30 June 2017

Transport will be provided to the studio in Irene, Centurion and back from Building 5, 1st Floor right, Prism Business Park, 1 Ruby Close, Fourways

MENU 1	21 & 28 July 2017
MENU 2	18 & 25 August 2017
MENU 1	22 & 29 September 2017
MENU 2	20 & 27 October 2017
MENU 1	24 November & 01 December 2017
MENU 2	08 & 15 December 2017

PLEASE NOTE: Ingredients are supplied for the Studio Course only

An In-Home Course is available to clients at their homes for **R2750.00**

**BOOK NOW TO AVOID DISSAPPOINTMENT!**

Marinda Gatherer  
marinda@nanniesintraining.co.za



## NANNIES IN TRAINING

Director: Marinda Gatherer • Reg. No, 2002/006101/23  
PO Box 2479, Lonehill, 2062  
Tel No.: JHB - 011 467 0831 • PTA - 012 667 5562  
marinda@nanniesintraining.co.za • www.nanniesintraining.co.za

