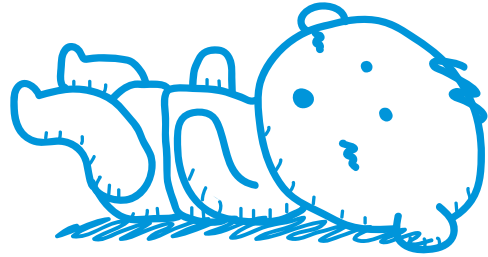


BABY and TODDLER CARE

Modules



EMPOWERMENT AND CONFIDENCE BUILDING

- Be the Best You Can Be
- Qualities of a Child-Minder
- Working on Strengths and Weaknesses

HYGIENE *(Keep it Clean)*

- Introduction to Germs and How They are Spread
- Personal Hygiene
- How and When to Wash Hands
- Baby/Child Hygiene
- Bedroom Hygiene
- Kitchen Hygiene

SAFETY *(Playing it Safe)*

- General Safety Guidelines
- Safety in the Bathroom & Kitchen
- Safety Outside

HOW TO *(Practical)*

- Pick Up a Newborn
- Bathing
- Change Nappy
- Dressing
- Sterilize Bottle (3 Methods)
- Make a Bottle
- Feed Baby
- Basic First Aid & CPR

CARING FOR BABY

- Caring for a Crying Baby
- Caring for a Colic Baby
- Controlling Temper Tantrums in Older Babies and Toddlers
- Caring for a reflux baby under caring for a colicky baby

ALL ABOUT NUTRITION

- Newborn to Twelve Months
- Introducing Solids
- Food Allergies
- Child Nutrition (1-5 Years)

POTTY TRAINING

- Knowing when baby is ready
- Bed time rules
- Staying on the potty

PLAY TIME *(Activities and Games per Age)*

- 1 - 2 Months
- 3 - 4 Months
- 5 - 6 Months
- 7 - 8 Months
- 9 - 10 Months
- 11 - 12 Months

BALANCING BABY AND HOUSEWORK

- Following a Routine
- Planning your Day/Week
- Prioritising
- Discussions to Have with Employer

Our **BABY AND TODDLER CARE COURSE** is a mixture of theory and practical, with the emphasis on practical. We have an assessment at the end of the course.



Cost

R1500.00

INCLUDES:

Your nanny will receive:

- Illustrated Work Book and Work Sheets
- Baby and Toddler Care Certificate
- Refreshments and a Hot Lunch are provided

2017 FOURWAYS DATES

Building 5, 1st Floor Right, Prism Business Park, 1 Ruby Close, Fourways

JULY	04 th & 11 th OR 15 th & 22 nd *
AUGUST	08 th & 15 th OR 12 th & 19 th *
SEPTEMBER	05 th & 12 th OR 09 th & 16 th *
OCTOBER	03 rd & 10 th OR 14 th & 21 st *
NOVEMBER	07 th & 14 th OR 11 th & 18 th *
DECEMBER	05 th & 12 th OR 02 nd & 09 th *

2017 PRETORIA DATES

Office 338, Central House, Pretorius Street, Pretoria CBD

JUNE	03 rd & 10 th *
JULY	15 th & 22 nd *
AUGUST	12 th & 19 th *
SEPTEMBER	09 th & 16 th *
OCTOBER	14 th & 21 st *
NOVEMBER	11 th & 18 th *
DECEMBER	09 nd & 16 th *



TIMES

WEEKDAYS

Two Days from 09h30 - 16h00

*** WEEKENDS**

Two Saturdays from 08h30 - 15h30



NANNIES IN TRAINING

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